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Club Bulletin  
**Dr. Devangi Vaishnav**  
**Dr. Ketan Thakkar**

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**Dr. Ketan Thakkar**

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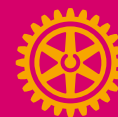
Weekly Bulletin of Rotary Club of Rajkot Midtown  
Club 31287 • R.I. District 3060

# Midtowner

UNITE

FOR

GOOD



**Rotary**  
Club of Rajkot  
Midtown

**HIGHLIGHTS**

**ROTARY THEME 2026-27  
CREATE LASTING IMPACT**



DATE

19/01/2026

ISSUE NO.

25



## NEXT MEETING DETAILS

**DATE** : 23rd January 2026  
**DAY** : Friday  
**TIME** : 8.30pm onwards  
**VENUE** : D.P.M.C  
**MENU** : Dinner  
**WELCOME** : Rotarians, Rotary Anns  
**PROGRAMME** : Introduction Ceremony of Our New Board - Team Believers - 2026-27. Join us for a divine experience this January: The Believers 2026-27 is here. We invite the Rotary Midtown Family to witness the holy commencement of our journey towards Rotary theme 2026-27 'Create Lasting Impact'. Your blessings and presence will make it truly special. Looking forward to celebrating this celestial event with all of you. Ceremony starts sharp at 9:00 p.m. with deep pragtya and prayer.  
**DRESSCODE** : Stunning traditional look - For gorgeous girls - bright colorful saree with veni - For Debonairs - traditional Indian kurta set



## BIRTHDAY WISHES - Many many happy returns of the day!!



**Anish Avlani**  
26th January  
98245 79801



**Dr. Pratapsinh Dodia**  
26th January  
99249 37499



## ANNIVERSARY WISHES - Wishing wonderful years of togetherness and happiness!!

**Alpaben & Anishbhai Avlani** 20th January  
**Sonal & Ritesh Madia** 23rd January  
**Pallavi & Amit Dhabalia** 23rd January  
**Madhvi & Dipen Vinda** 25th January



## CLUB ACTIVITIES

- 1) Thank you Rtn. Pranav Bhalaria for your generous support and 1-year sponsorship of the Rotary Midtown Library Magazine 'Discover your own super power', a fun guided experience that builds a child's confidence, Focus and emotional strength, naturally and joyfully, was held at Midtown Library on Sunday, 18th January.. keep it up Team RML.
- 2) Dr. Dhvani Vachharajani, a versatile singer and daughter of Dr. Vibhakarbai, performed at Pooja baitha, held by Padmashree Pandit Siyaram Tiwari Smriti Sangeet Samiti, on Sunday, 18th January.. indeed prestigious.. congratulations.
- 3) Our exchange students visited flagship projects of Midtown namely, D. P. M. C., Swashray, Rotary Doll's Museum and Manjul playschool (our permanent projects)... Thanks to Ann Urvi Solanki for making it possible.

Bulletin Editors  
**2025 - 2026**

**Dr. Devangi Vaishnav**  
**Dr. Ketan Thakkar**

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Consultant Pediatric Neurologist  
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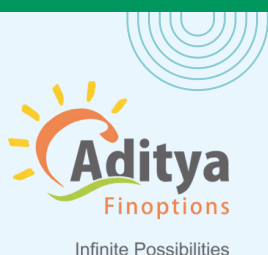
4) A gentle reminder for TRF gift.. those who haven't purchased it, please do so



5) Rtn Neeta Motla successfully completed Tata Mumbai Marathon... kudos



18 Jan @ 5:18 am	
<b>Tata Mumbai Marathon!!</b>	
Add Notes	
<b>42.63 km</b>	
Distance	
<b>164 bpm</b>	<b>7:43 /km</b>
Avg Heart Rate	Avg Pace
<b>5:28:36</b>	<b>2,726</b>
Total Time	Total Calories



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6) Varsha & Shaileshbhai Goti participated in virtual half marath on (21.098km) of tata mumbai marathon at racecourse. Great going



7) Congratulations to Misha Niravbhai Mody\* for Chopta trekking # jan 2026# Chandrashila, Tungnath mahadev mandir. (TGES school trekking)



Rotary District conference, Sange Mar Mar ke, is scheduled on 30th, 31st Jan, 1st Feb at Jaypee Palace Hotel & Convention center, Agra.. All the best to Midtowners attending it



## ROTARY INTERNATIONAL NEWS

Olayinka Hakeem Babalola, a member of the Rotary Club of Trans Amadi, Nigeria, has been selected by the Board of Directors to become Rotary International's president for 2026-27. His term will begin on 1 July 2026.

The Board, guided by the RI code of policies, conducted a special session to select the organization's leader after the resignation of RI President-elect SangKoo Yun, who decided to step back from his Rotary responsibilities and focus on his recovery from recent cancer treatment.

Babalola began his Rotary journey in 1984 as a Rotaractor. He joined the Rotary Club of Trans Amadi 10 years later. His leadership roles include serving as district governor (2011-12), RI vice president (2019-20), and member of the RI Board (2018-20). He was also an active leader and participant in RI committees such as the End Polio Now Countdown to History Campaign Committee (2017-23) and the Nigeria National PolioPlus Committee (2013-present, adviser 2016-present).

Babalola received a university degree in engineering in 1988. He worked for 25 years in the oil and gas industry, holding senior positions in Shell PLC. He is the founder of two companies: Riviera Technical Services Ltd., an oil and gas infrastructure delivery company, and Lead and Change Consulting, an executive coaching and organizational performance advisory group.



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Babalola's professional affiliations include the Nigerian Society of Engineers, the Institute of Safety Professionals of Nigeria, and the Association of Change Management Professionals. He is a member of Jericho Businessmen Club, an organization in his birth city of Ibadan that provides input to governments on economic and social policy.

Babalola and his wife, Preba, live in the city of Port Harcourt. He supports The Rotary Foundation with a named endowment and as an Arch Klumph Society member. A trustee of Shelter Box UK, he is a recipient of the Africa Centennial Heroes Award, the Regional Service Award for a Polio-Free World, the RI Service Above Self Award, and The Rotary Foundation Citation for Meritorious Service.

The president of Rotary International serves a one-year term, presiding over the Board of Directors and providing inspirational leadership for the organization. As the spokesperson for the global network, the president visits clubs around the world to promote Rotary's values and represent the organization at major events. Rotary chooses its president from members who have demonstrated extensive leadership experience within Rotary, including service as a club president, district governor, and member of the Board



## ON A. LIGHTER. NOTE

### H (W) ELLNESS RESORT

Did you experience torture chambers of Nazis? or Spanish inquisition?

No? Go to Wellness resorts!! In Webster Dictionary Sadist means "one who runs such a centre" Masochist is "One who goes there"! Wanted to escape, gloom and doom of Suna's world, vand decided to be "Rejuvenated".

A sweet, smiling lady opened One way door. Last smile, last sweetness.

Made me change in Khadi uniform, discarded from a prison.

This will take you close to Nature; Said the attendant. Sure, the cowdung, never left me.

At 4.00 am, when you are dreaming of Coffee, on top of Burg Khalipha, you are woken up.

"Namaste, time for a refreshing walk." Improves your respiratory Chakra," 5 km. walk, in wet grass, puddles, thorns and beetles, no footwear, close to nature!

Even birds on trees and sleepy butterflies looked pitying on you.

Ice cold bath followed. "Cools your inner Tamas" Raw cereals and Soya milk for Inner Shanti! "Can I have black Coffee?" I asked.

Entire staff were stunned by my cardinal sin! "What! we want to detox you, and you want to take Poison?" One lady took pity "You may have Lotus Tea?"

Then we were led to Swamiji, Budha position, loin cloth.

"Bachhe log! Sit on mother earth. Mother was loved by spiders and ants.

"Deep breathing for one hour, "vill toxins out" "Inspire, expire. wished to expire at the agony! "Focus on inner self, meditate for one hour, chanting OM"

Ringing in the ears, headache, painful hips and knees! Loud snoring during meditation! Next was Massage Room.

Instead of Bangkok lady, Two wrestlers pounced and knedded every muscle in a putty.

"All tension gone "They declared.

Inner Chakra declared empty stomach rumbling.

Lunch was on floor, Banana leaf was placed. "Eat it, good for digestion".

Soul Soup of green grass, boiled spinach as starter, Jowar chapati and boiled Mung, weeds in Gud sauce as a desert.!!!

No salt, spices, sugar, They proudly proclaimed.

Colonic treatment is still painful, so will skip that.

Skipped Yoga session, feigning sickness. Shavasan was the only Asan for me.

No dinner, good for soul! Grand Entertainment programme.

Entire staff made us rock with Saigal and Samshad begum hits! I can see you all crying in sympathy. Thank you.

Jews did not pay for the Torture Chambers. I did, Suna, I come back, detoxed, to your weak Tea and burnt Tea!

Contributed by Dr. Jatin Mody

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